

INFANT SAFE SLEEP POLICY

FOR PARENTS/GUARDIANS

Proactive steps are taken to lower the risk of SIDS in a child care setting. Parents and child care professionals work together to keep infants safer while they sleep. Munchkinland Child Care practices the following safe sleep policy.

Safe Sleep Practices:

1. All child care staff working in the infant room, or child care staff who may potentially work in the infant room, will receive training in our Infant Safe Sleep Policy.
2. Infants will always be placed on their backs to sleep.
3. The American Academy of Pediatrics recommends that infants be placed on their backs to sleep; but when infants can easily turn over from the back to the stomach, they can be allowed to adopt whatever position in which they prefer to sleep.
4. All Munchkinland Child Care staff should follow this recommendation by the American Academy of Pediatrics. However, child care staff can further discuss with parents how to address circumstances when their infants turn onto their stomachs or sides.
5. Sleeping infants must be checked periodically by staff. Staff members must be especially alert to monitor sleeping infants during the first several weeks they are in child care.
6. Steps will be taken to keep infants from becoming too warm or overheated, including regulating the room temperature, avoiding excess bedding and by not over-dressing or over-wrapping the baby.
7. The temperature of the infant room will be kept between 68 and 72° F.
8. Neither an infant's head nor the crib in which the infant is sleeping will be covered with blankets or bedding.
9. No loose bedding, pillows, comforters, bumper pads, etc. will be used in cribs.
10. No toys or stuffed animals will be placed in cribs.
11. A safety-approved crib with a firm mattress and tight-fitting sheet will be used.
12. Only one infant will be in each crib at a time, unless the center is being evacuated in an emergency.
13. A written copy of the Infant Safe Sleep Policy will be provided to infant room parents/guardians prior to enrollment.

I, the undersigned parent or guardian of _____ (child's full name), do hereby state that I have read and received a copy of Munchkinland's Infant Safe Sleep Policy and that the center Director/Owner (or other designated staff member) has discussed Munchkinland's Infant Safe Sleep Policy with me.

Date of Child's Enrollment: _____

Signature of Parent or Guardian: _____ Date: _____

Director Signature _____ Date: _____

One signed copy to be given to parent/guardian; one signed copy to be placed in the child's file.